

School of Dance

WEEKLY SCHEDULE

SUNDAY	MONDAY		TUESDAY		WEDNESDAY		THURSDAY	FRIDAY		SATURDAY	
10:00-10:45am Stretch/ Strengthening (Adult)			9:45-10:45am Ballet (Adult)				9:30 - 10:15am Pilates (Adult)			9:00-10am Ballet/Tap (5-7)	9:10am-9:55am Tots (2-3)
11:00-12:00pm Ballet Open Level (Teen/Adult)			10:45-11:30am Pointe (Adult)				10:30-11:30am Ballet (Adult)			10:00-10:50am Ballet/Tap (4-5)	10:00-11:00am Ballet (8-11)
12:00-1:00pm Pointe Advanced (Teen/Adult)			11:30-12:15pm Pilates (Adult)				11:30 - 12:15pm Pointe (Adult)			11:00-12:00pm Ballet/Tap (7-8)	11:00-12:00pm Tap (8-11)
12:30 - 1:30pm Tap (Adult)										12:00-1:00pm Ballet Adv (Teen)	12:00-1:00pm Jazz (8-11)
								3:00 - 3:30pm Private		1:00-2:00pm Pointe Int. (Teen)	1:00-2:00pm Hip Hop (7-8)
		4:00-5:00pm Contemp (11-13)	4:00pm-5:00pm Ballet (7-9)				4:00pm-5:00pm Tap (11 - 13)	3:45-4:30pm Special Ed Jazz (Teen/Adult)		2:00 - 3:00pm Special Needs (Children)	
	5:00 - 6:00pm Hip Hop (11-13)	5:00-6:00pm Hip Hop (Teen Intermediate)	5:00-6:00pm Ballet (Teen Inter)		5:00-6:00pm Hip Hop (5-7)		5:00pm-6:00pm Jazz (11-13)	4:30-5:15pm Special Ed Tap (Teen/Adult)	4:30 - 5:30pm Contemporary (8- 10)		
	6:00pm-7:00pm Ballet (11-13)	6:00pm-7:00pm Hip Hop (13+ Advanced)	6:00-7:00pm Contemporary (Teen Inter)		6:00-7:00pm Ballet (Teen)		6:40 - 7:40pm Ballet (Teen Inter/Adv)	5:15 - 6:00pm Special Ed Ballet (Teen/Adult)	5:30 - 6:30pm Hip hop (8-10)		
	7:00-7:50pm Jazz (Teen inter)		7:00-8:00pm Jazz (Teen Inter)	7:00-8:00pm Jazz (Teen Advanced)	7:00 - 7:45pm Pointe (Teen)	7:15-8:15pm Tap (Adult Intermediate)	7:10-8:10pm Lyrical (Teen Adv)	6:00-7:00pm Ballet (12+)			
			8:30-9:30pm Tap Adv (Adult/Teen)		8:20-9:20pm Tap (Adult Beginner)		7:40-8:40pm Contemporary (Teen Inter/Adv)	7:00-7:45pm Pointe (12+)			